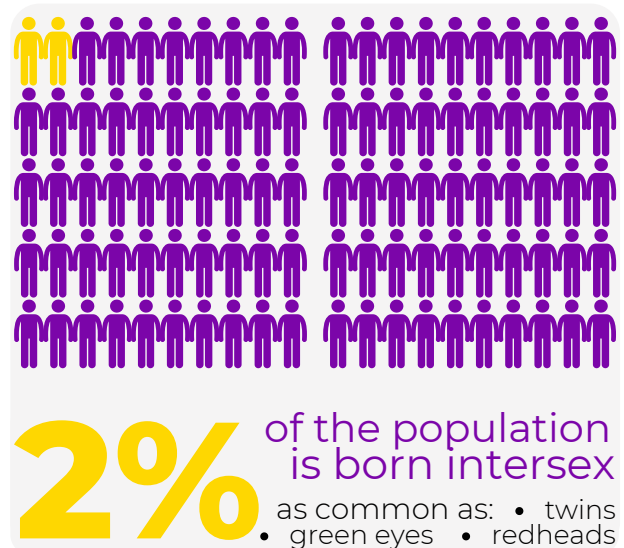


How to make your LGBTQ+ Group Intersex Friendly



Learn about intersex people & their unique experiences.

- Intersex is an umbrella term referring to people whose sex characteristics fall outside of the traditional concepts of "male" and "female" bodies. This includes variations in chromosomes, hormones, genitalia, as well as secondary sex characteristics.
- Intersex is not a gender nor a sexual orientation; intersex people can identify as any gender and any sexual orientation
- Many intersex children undergo non-consensual, unnecessary, and irreversible surgeries for being born intersex.
- These genital surgeries are considered a human rights abuse by: The United Nations, The World Health Organization, and The Gay and Lesbian Medical Association.



- For more information:
<https://tinyurl.com/intersex101guide>
interactadvocates.org/faq/



Advocate for intersex-inclusive training & education.



- Insist that group leadership attends training on intersex-inclusive language and intersex-informative workshops.
 - Include "intersex" as an option for sex
 - Avoid gendering sex characteristics
- Prioritize combating intersex stigma through education and group policies as necessary.
- For an ally toolkit: 4intersex.org

Advocate for intersex-affirming group visions & mission statements.

- Don't include the "I" if you don't support the "I"
 - Intersex people have specific needs, just like each letter of the acronym.
 - Expand your LGBTQ+ acronym to LGBTQI+ after you have equitably included intersex leadership and consultation for your group.
- Help to work end intersex erasure in queer spaces: <https://tinyurl.com/intersexallyship101>



Promote Intersex Awareness



- Participate in Intersex Awareness Day each year on October 26
- For intersex-inclusive social media recommendations: <https://tinyurl.com/intersexsocialmedia>
- Follow intersex-led organizations:
 - interACT
 - Intersex Justice Project
 - Houston Intersex Society

#Out4MentalHealth is a collaborative project of the California LGBTQ Health and Human Services Network, funded by the California Mental Health Services Act (Prop 63) and overseen by the Mental Health Services Oversight and Accountability Commission (MHSOAC).

