



California LGBTQ Mental Health Think Tank

August 22, 2018

Agenda

- Introductions
- #Out4MentalHealth Overview
- Purpose of the Mental Health Think Tank
- Discussion: What are the mental health concerns you're facing?
- Questions
- Next Steps

Introductions

- Name
- Pronouns
- Organization
- Geographic Service Area
- Primary Programs/Services

Purpose of the Mental Health Think Tank

- Advise policy priorities and create a California LGBTQ mental health policy platform
- Report on barriers to accessing mental health in local communities
- Track successes

Local Advocacy

- Advocacy Toolkit
 - You can find current fact sheets at www.out4mentalhealth.org/
- Request an Advocacy Training by emailing mtaylor@health-access.org

Local Advocacy – Task Forces

#Out4MentalHealth Task Forces support local community members and organizations with engaging in LGBTQ Mental Health Advocacy at the county, state, and federal level. Each Task Force is led by local community members and organizations and open to everyone interested in advocating for LGBTQ Mental Health Equity. There are five #Out4Mentalhealth Task Forces throughout California, based in:

- Shasta
- Sonoma
- Fresno
- San Luis Obispo
- Los Angeles Counties



State Policy Update

- AB 1791 (Waldron) – PrEP and PEP continuing education - PASSED
- AB 2119 (Gloria) – Ensures that youth in foster care have access to providers who offer gender-affirming treatment
- AB 2153 (Thurmond) – LGBTQ cultural competency training for teachers and school staff
- SB 918 (Wiener and Rubio) – Establish \$60 million in grants for youth experiencing homelessness
- AB 2639 (Berman & O’Donnell) – Suicide Prevention Training for Teachers and School Staff
- AB 2943 (Low) – Categorize “Conversion Therapy” as Consumer Fraud
- AB 186 (Eggman) – Safe Consumption Services
- AB 2719 (Irwin) – Recognizing needs of LGBTQ Older Adults - PASSED
- AB 2663 (Friedman) – Property Tax Equity for Same-Sex Partners
- AB 1985 (Ting) – Updating local hate crimes laws - PASSED
- SB 1152 (Hernandez) – Requirements for the discharge of homeless patients from emergency rooms
- SB 1004 (Wiener) – Setting priorities for county PEI funds
- SB 910 (Hernandez) – Ban short-term junk insurance - PASSED

Prop 64 and Behavioral Health Funding

- Some of the recommendations include:
 - A robust stakeholder process
 - Support for evaluating PEI and treatment programs
 - Incorporating principles of positive youth development, equity, innovation, and trauma-informed care.
 - Integrating substance use PEI and treatment with physical and mental health programs



PROPOSITION 64 STAKEHOLDER GROUP

Recommendations on the Use of Proposition 64 Adult Use of Marijuana Act Youth Funds

The new revenues generated by state taxes on marijuana represent a unique opportunity to invest in community-based public health education, prevention, early intervention, treatment, and recovery and to do so through the lens of racial and health equity, focusing those strategies on the underlying conditions that lead to substance abuse, such as toxic stress, trauma, multigenerational impacts, stigma and co-occurring mental illness.

The undersigned youth-serving organizations -- including a diverse coalition of stakeholders representing education, prevention, early intervention, treatment, and recovery -- propose the following recommendations to ensure a robust and transparent stakeholder process, that should begin no later than July 2018. All of these recommendations apply both to statewide processes and programs, as well as those at the local level.

State budget priorities: LGBTQ health and behavioral health

- What is budget advocacy and why is it important?
- What are LGBTQ behavioral health priorities that you would like to see funded?

Ensure access to transition-related care

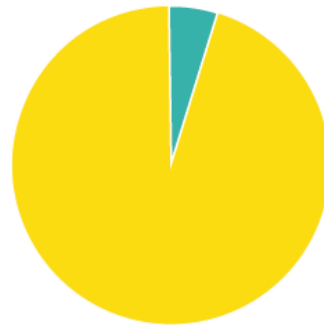
- Dignity Health and Catholic Healthcare Initiatives are proposing a merger.
- ACLU and NHELP are coordinating
- Veteran's health policy comment period
- Thursday, **August 23**, 2018 at 10 am in **San Francisco:**
https://go.peoplepower.org/event/action_attend/16014
- Friday, **August 24**, 2018 at 1:00 pm in **Sacramento:**
https://go.peoplepower.org/event/action_attend/16015
- Wednesday, **August 29**, 2018 at 10 am in **Los Angeles:**
https://go.peoplepower.org/event/action_attend/16016

Support LGBTQ-inclusive health education

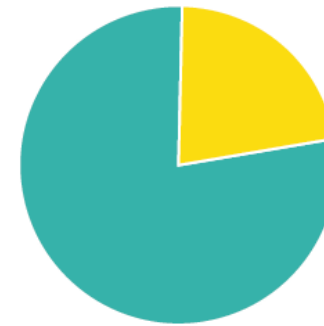
You can submit testimony in support of the **2019 Health Education Framework** in person in Sacramento on **September 19** or in writing. For more information:

<https://bit.ly/2LPxcv1>

LGBTQ STUDENTS



Over 95%
reported hearing
homophobic
language at school



Only 22%
were taught positive
representations of
LGBTQ people in school



SOURCE: GLSEN'S 2015 National School Climate Survey



MHSA Fiscal Reversion Policies

- Over \$230 million in Mental Health Services Act funds were unspent and subject to reversion
- County Behavioral Health Departments are currently developing proposals to spend their accumulated Mental Health Services Act (MHSA) funds on new and/or expanded behavioral health programs and projects. These accumulated MHSA funds are subject to reversion to the state should they go unspent, in accordance with [AB 114](#).
 - These plans should include a Community Planning Process and fund programs that address the needs identified by community stakeholders.
 - Most of the funds are in Innovation programs, although some are in other MHSA-funded programs.
- **Are there innovative programs you would like to see funded in your communities?**
- **Have you been engaged in the Community Planning Process? Would you like to be?**

Discussion

- What do you see as the greatest barriers to accessing LGBTQ-affirming mental health care in your communities?
- What programs are working, to address LGBTQ mental health needs?

#Out4MentalHealth has several training opportunities in August

Evidence-Based Practice with Bisexual Clients Webinar

[RSVP Here](#)

August 29th, 2018

1:00 pm – 3:00 pm

This 2-hour webinar with Tania Israel, PhD, will equip participants with knowledge and skills to enhance mental health services with bisexual+ clients. The presenter will provide participants with conceptualizations of sexual orientation, information on bisexual minority stress and mental health consequences, and research on mental health services for bisexual clients. Participants will learn about and develop strategies for providing effective and bi-affirming services. (This webinar is offered only once per year)

- August 23 – [Advocacy Workshop and Task Force Meeting](#) – Redding, CA
- August 24 - [Ally Training & How to Support LGBTQ Youth](#) - San Luis Obispo, CA
- August 31 – [Advocacy Workshop and Task Force Meeting](#) – Santa Rosa, CA



Upcoming LGBTQ Events

- September 23 - API Equality-LA's 13th Anniversary - Los Angeles, CA
- September 29 - 30 - [Queerness and Games Conference](#) - Montreal, Canada
- October 4 - [Northern California Regional Multicultural Symposium](#) - Redwood City, CA
- October 4 - 5 - [LGBTQ People of Color Mental Health Conference](#) - New York, NY
- October 10 - 13 - [GLMA Annual Conference on LGBT Health](#) - Las Vegas, NV
- October 13 - IV Imperial Valley Pride - El Centro, CA
- October 19 - 20 - [Improving OUTcomes Conference](#) - Sacramento, CA
- October 23 - 24 - [Cultural Competence Summit](#) - Riverside, CA
- November 9 - [EDGY Conference](#) - Los Angeles, CA

Questions?

Contact Information

- **Mandy Taylor, MSW**
 - Outreach and Advocacy Coordinator
 - mtaylor@health-access.org
- **Amanda Wallner, MPP**
 - Network Director
 - awallner@health-access.org
- www.out4mentalhealth.org