Agenda

- Introductions
- Federal Policy Update
- Open Enrollment
- #Out4Mental Health
- Announcements
- Questions
Statewide coalition working collectively to advocate for state level policies and resources that will advance LGBT health.

- Over 60 organizations participate: community centers, clinics, researchers, advocates

Provide coordinated leadership about LGBT health policy in a proactive, responsive manner that promotes health and wellness as part of the movement for LGBT equality.

The Network seeks to:

- Engage LGBTQ organizations in state-level policy decisions
- Advocate for policies advancing the health of LGBT communities
- Expand coverage and improve access to quality health care
- Strengthen programs and build capacity for member organizations
- Increase funding to LGBT health and human services organizations
- Raise awareness among state policymakers about the needs of LGBTQ communities
Introductions

- Name
- Pronouns
- Organization
Federal Policy Updates

- Public Charge
- Title IX
- Section 1557

DO NO HARM

No #Rx for Discrimination
Fight Back, Report Discrimination

If you’ve experienced discrimination by any business, you can report it to the Department of Fair Employment and Housing

- Phone: (800) 884-1684
- Email: contact.center@dfeh.ca.gov

If you have been denied medically necessary care, you can file a complaint or call the DMHC Help Center: 1-888-466-2219

For legal assistance with discrimination and health care denials, contact Legal Aid
Open Enrollment is now live! November 15 - January 15

- Visit www.coveredca.com to enroll
- Open enrollment is open longer in California than the rest of the country. In CA, you can #GetCovered from Oct. 15 - Jan. 15
VOTE LIKE YOUR HEALTH DEPENDS ON IT BY NOV. 6TH
Trainings Available in 2018-2019

- **Raising Gender Expansive Youth**: 1 training in Southern California
- **Healthy Relationships for the LGBTQ Community**: 5 trainings (1 per region)
- **Workshop for Planning & Implementing Bisexual+ Discussion Groups**: 1 training in Central/Bay
- **LGBTQ Awareness, Sensitivity, & Competency**: 5 trainings (1 per region)
- **Evidence-Based Practice with Bisexual Clients**: 1 webinar
- **IPV in LGBTQ Communities**: 5 trainings (1 per region)
- **Ally & How to Support LGBTQ Youth**: 5 trainings (1 per region)
- **Gender Spectrum Inclusive School Network Train the Trainer**: 1 training (two days)
Regional Task Forces

- Task forces will support local LGBTQ communities with influencing mental health policies in their county systems of care. Some examples of potential work include:
  - Working on 3 year MHSA Prevention and Early Intervention and Innovation Plan Updates
  - Supporting funding for LGBTQ-specific mental health services

5 Regions throughout CA

- Los Angeles County
- San Luis Obispo County
- Fresno County
- Sonoma County
- Shasta County
1. Learn how to be a more effective advocate for LGBTQ mental health by better understanding the system and how/where to engage in change efforts.

2. Learn to articulate the right to LGBTQ affirming and culturally appropriate mental health care.

3. Learn how mental health decisions are made in local communities.

4. Learn practical steps for being an advocate in the public mental health system.

Questions? Contact mtaylor@health-access.org
The Inclusive Schools Network
Fresno, CA December 6 - 7, 2018
8:30am - 4:00pm

Gender Spectrum works closely with schools or districts to create gender-inclusive environments for all students. We also support those professionals working with children, youth and caregivers to work more effectively with their clients in the school context. Participation in the Gender Spectrum Inclusive Schools Institute (ISI) is a great first step. If you are working with a transgender or other gender diverse young person, they most certainly need to be able to navigate the school context; you can play an important role in helping them do so. Further, all students benefit when schools approach gender education intentionally, and when schools plan ahead for managing gender expectations.

Given the rapidly changing understandings of gender, your school needs to know how to respond when:
- Students are harassed or bullied for their gender
- Staff are uncertain about gender lenses or pronouns
- Staff observe gender-expansive students who are depressed or self-harming
- Parents raise questions about gender inclusive practices at school

What educators are saying

“This is a new and challenging topic, but after Gender Spectrum equipped us with the facts and conversation strategies, I felt ready and even eager to be the person on my team who dives into those discussions with parents and the community.”

“Gender Spectrum approaches this work from a common sense, straightforward perspective that doesn’t alienate anyone.”

These and many other issues may come up in your school. If you and your school could use help in navigating these challenges, Gender Spectrum’s Inclusive Schools program is for you.

Gender Spectrum has trained educators at hundreds of schools across the United States and beyond and our work has reached thousands of educational leaders who are new to creating gender inclusive climates. We work with schools, school districts, state education departments, leading national professional associations and others. Our approach focuses on:
- Meeting participants wherever they are in this work, without judgment.
- Recognizing the nature of gender and its intersections with other identities.
- Emphasizing the value of gender-inclusive environments for all children.

The Inclusive Schools Network

The Gender Spectrum Inclusive Schools Network (ISN) is a year-long program of professional development that connects you with others and prepares you to lead gender inclusion efforts in your own context. It is open to educational professionals who have completed the 2-day ISI program and are committed to creating school settings where every child’s gender is safe, understood, and respected.

To register or learn more about the Inclusive Schools Program:
Contact Joel Baum, Senior Director of Professional Development at Gender Spectrum
joelbaum@genderspectrum.org 510-786-4412
Visit www.genderspectrum.org/ISN

Fees for the ISI and ISN are based on a sliding scale structure to address your school or district’s financial situation. We are committed to overcoming any barriers to your participation.
OUT Against Big Tobacco Coalition Meeting
Thursday, November 15 (1:00 pm - 3:00 pm)

In LA County, the OUT Against Big Tobacco Coalition will host their next quarterly meeting on Thursday, November 15 (1:00 pm - 3:00 pm). The next coalition meeting will have a presentation from Professor Veronica Acosta-Deprez, PhD, CHES regarding LGBTQ opinions on tobacco and tobacco control in the LA county area. The meeting will also offer an opportunity to discuss leadership opportunities, establishment of by laws, and the upcoming Mid West Academy Strategy Chart (MASC) Training.

For more details, please email mike@eqca.org or carolyn@eqca.org.
Transgender Awareness Week
November 2018

- Transgender Awareness Week: November 12-20
- Transgender Day of Remembrance: November 20, 2018
- To have your TDOR event added to our statewide list, email msalvador@health-access.org
#StillHere Capitol March and Rally for Trans Justice, November 10

Visit the Facebook event for more information and to find out how you can support
Announcements
Questions?
Contact Information

- Mandy Taylor, MSW
  - Outreach and Advocacy Coordinator
  - mtaylor@health-access.org

- Amanda McAllister-Wallner, MPP
  - Network Director
  - awallner@health-access.org

- www.californialgbthealth.org