AGENDA

• Introductions
• Listening Session with Dr. Tom Insel
• #Out4MentalHealth
• Questions
• Announcements
Listening Session with Dr. Tom Insel

Announced as Governor Newsom’s top behavioral health advisor in May 2019

• Former Director of National Institute of Mental Health
• Co-founder and President of Mindstrong – mental health app
• Psychiatrist and Neuroscientist
What is the most important mental health issue in your community?
Listening Session with Dr. Tom Insel

What is your community doing well to address the mental health of LGBTQ people?
Listening Session with Dr. Tom Insel

How is your community serving the needs of LGBTQ people of color?
Listening Session with Dr. Tom Insel

How is your community serving the needs of LGBTQ youth?
How is your community serving the needs of LGBTQ older adults?
Listening Session with Dr. Tom Insel

How can your community better serve LGBTQ mental health needs?
Listening Session with Dr. Tom Insel

How can your community better serve LGBTQ substance use needs?
What does your organization do to serve LGBTQ behavioral health needs and how can the state and counties support that work?
Listening Session with Dr. Tom Insel

What else would you like to share about LGBTQ mental health in your communities?
BE A MORE EFFECTIVE ADVOCATE FOR LGBTQ MENTAL HEALTH

LEARN HOW TO:

- Better understand the public mental health system and how/where to engage in change efforts
- Articulate the right to LGBTQ affirming and culturally appropriate care
- Analyze how mental health decisions are made in local communities
- Apply practical steps for engaging in advocacy

August 30, 2019
12:00 pm – 1:00 pm

Webinar

Open to:
LGBTQ Community Members and Allies

RSVP:
https://tinyurl.com/LGBTQadvocacy2019

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https://tinyurl.com/LGBTQadvocacy2019
Striving for Zero: California’s Strategic Plan for Suicide Prevention 2020-2025

• http://bit.ly/2T0mNgq

• Thursday, August 15
  12:30 pm to 3:30 pm
  Sequoia Conference Center,
  901 Myrtle Avenue, Eureka,
  California 95501

• Wednesday, August 28
  Time TBD
  MHSOAC, 1325 J Street, Suite 1700, Sacramento, CA 95814
Questions?
Announcements
Thank you for joining us today!

Please contact us if you have any questions by emailing mandy@health-access.org
www.out4mentalhealth.org/
#Out4MentalHealth